

# Newberry County Recreation Soccer Guidelines



## **COVID-19 GUIDELINES:**

- ⚽ Parents/guardians should not bring their player(s) to a practice/game if anyone in the household is experiencing symptoms of COVID-19, has tested positive, and/or has been in contact with individuals who have tested positive. The player should not return to practices/games for a minimum of 10 days (no symptoms have presented) or until a negative COVID-19 test result is returned (must be after 5 days from exposure and individual still must quarantine a minimum of 7 days – no symptoms have presented).
- ⚽ Parents/guardians should notify Newberry County Recreation Department staff immediately if an individual from the household is experiencing COVID-19 symptoms or tests positive for COVID-19.
- ⚽ Face coverings are expected for entry to games. If social/physical distancing from individuals from other households is not possible, face coverings should be worn for the duration of the event.
- ⚽ All spectators should always adhere to social/physical distancing guidelines. When not feasible, face coverings should be worn.
- ⚽ Parents/guardians must supply their player(s) with their own individual drink. If possible, the drink should be labeled with the player's name. Team drink coolers will not be provided.
- ⚽ Handshakes, high fives, and/or fist bumps will not be allowed amongst players. Alternative displays of sportsmanship will be used.
- ⚽ Players must supply their own shin guards and should not share equipment. Equipment supplied by coaches/staff will be sanitized frequently. Goalkeeper gloves should NOT be shared (and are NOT required).
- ⚽ Each coach will be supplied with spray sanitizer for players hands and equipment. This should be used periodically during practices/games and as needed.
- ⚽ Banners will be placed at the entrance to fields to remind visitors to take steps to prevent the spread of COVID-19. (<https://www.cdc.gov/coronavirus/2019-ncov/communication/print-resources.html?Sort=Date%3A%3Adesc>)
  - Stay home if you are feeling sick or not feeling well.
  - Use social distancing (maintain six feet between individuals) practices in all areas of the park.
  - Cover coughs and sneezes with a tissue when possible or cough/sneeze into your arm.
  - Wash your hands often with soap and water for at least 20 seconds, especially after using the restroom, before eating, after blowing your nose, coughing, or sneezing.
  - Use hand sanitizer that contains at least 60% alcohol if soap and water are not available.
  - Avoid touching your eyes, nose, and mouth with unwashed hands.
- ⚽ Newberry County Recreation Department staff will continue to monitor national, state, and local guidelines related to limitations on the size of gatherings as well as current conditions, cases, and hot spot areas when deciding whether to postpone, cancel, or significantly reduce the number of attendees for events.
- ⚽ Players should wear personal protective equipment such as face-masks or -coverings whenever applicable and as long as it does NOT interfere with the safety of themselves or others.

## **GENERAL GUIDELINES:**

- ⚽ Players will receive a shirt/jersey and socks for games.
- ⚽ Cleats are not required but are strongly recommended, especially for older divisions.
- ⚽ Pinnies will be provided per coach's request. Coaches will be expected to ensure pinnies are washed after each use by players.
- ⚽ If supplied, team drinks/snacks MUST be pre-packaged.
- ⚽ Restrooms will be open during practices/games and cleaned frequently.
- ⚽ Each coach will be supplied with spray sanitizer for players hands and equipment.
- ⚽ Team/individual pictures are scheduled for Saturday, October 16, 2021 (morning to early afternoon).